

Name: _____

Good Health

How many healthy things do you do in one day?

Draw something healthy.

Draw something that is not healthy.

Why do you brush your teeth? _____

Draw a toothbrush.

Why do you wash your hands before you eat something? _____

Is riding your pushbike good for your health? _____



Why? _____

Watch television

Circle the healthy things.

Eat a fruit salad.

Go for a swim.

Play cricket.

Play computer
games.