

Name: _____

Health

Circle that which is healthy.

Swimming	Watching TV	Eating Paw-Paw
Eating Cake	Walking	Laughing
Helping others	Sleeping	Arguing
Fighting	Stealing	Playing



Choose 3 other students to work with and discuss with each other which things you didn't circle as being healthy. Discuss why these are not healthy.

Make a healthy cross word puzzle.

Place the following words in the puzzle. Try to fit all of them. Some words can overlap or use the same letter. You can place the words up side down, back to front or on an angle. When you have finished writing all the words, fill in the empty spaces with odd letters. You now have your very own cross word puzzle. You can ask someone else to find the words.

apple
banana
lettuce
peas
potato
orange
cheese
peach
honey
fruit
grape
fish
milk
eggs
beans