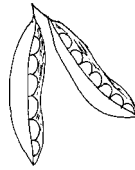


Name: _____



sprouts

Have you ever sprouted some seeds?

Maybe you have put some seeds in the soil and they sprouted a few days or a couple of weeks later. When the seeds start growing and they form new leaves or shoots, it is called sprouting. A lot of people eat sprouts raw in salads. They eat very young plants. This can be cress, mustard, alfalfa, mung beans and many more.

Watch your seeds sprout.

What you need:

- Small shallow plastic box, cotton wool, seeds, water.

What to do:

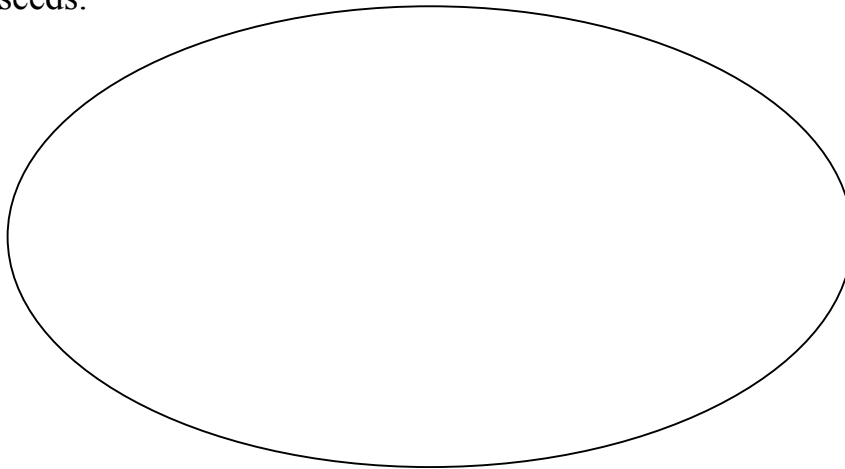
- Place a thick layer of cotton wool in your plastic box.
- Place seeds in between the cotton wool.
- Water it so the cotton wool is really wet.
- Wait and watch your seeds sprout over the next few days.
- Water only again if the cotton wool is drying out.

Did your seeds sprout? _____

How many days did it take? _____

What type of seeds did you plant? _____

Draw a picture of the sprouted seeds. Make sure they look like your sprouted seeds.



I like sprouts!

